

**2024 VIRGINIA CONFERENCE HEALTH PLAN
MONTHLY CONTRIBUTIONS FOR RETIREES UNDER 65**

Total Years of VAUMC Service	Medical Plan Options				Dental Plan Options			
	PPO Core		PPO Buy-Up		Core		Major	
	Retiree Only	Family	Retiree Only	Family	Retiree Only	Family	Retiree Only	Family
10-14	\$688	\$1,714	\$797	\$2,096	\$31	\$58	\$60	\$131
15-19	\$608	\$1,387	\$744	\$1,697	\$31	\$58	\$60	\$131
20-24	\$465	\$1,062	\$569	\$1,298	\$31	\$58	\$60	\$131
25-29	\$322	\$735	\$394	\$898	\$31	\$58	\$60	\$131
30+	\$179	\$408	\$219	\$500	\$31	\$58	\$60	\$131

	Vision Plan
Employee Only	\$8.34
Employee + Spouse	\$15.05
Employee + Child(ren)	\$15.05
Family	\$24.19