



## IMPORTANT PHONE NUMBERS/E-MAIL AND WEBSITES YOU MAY NEED

### ➤ CONFERENCE OFFICE

JOHN FULLER, EXECUTIVE DIRECTOR ..... 804-521-1128  
E-MAIL ADDRESS ..... [JohnFuller@vaumc.org](mailto:JohnFuller@vaumc.org)

JUDY ASTRELLA ..... 804-521-1131  
E-MAIL ADDRESS ..... [JudyAstrella@vaumc.org](mailto:JudyAstrella@vaumc.org)

ELIZABETH BEAGLE ..... 804-521-1129  
E-MAIL ADDRESS ..... [ElizabethBeagle@vaumc.org](mailto:ElizabethBeagle@vaumc.org)

NANCY BLAIR ..... 804-521-1130  
E-MAIL ADDRESS ..... [NancyBlair@vaumc.org](mailto:NancyBlair@vaumc.org)

### ➤ WESPATH (GENERAL BOARD OF PENSIONS)

DIRECT ..... 1-800-851-2201  
IVR ..... 1-888-851-2201  
WEBSITE ..... [www.wespath.org](http://www.wespath.org)

### ➤ MEDICAL

ANTHEM MEDICAL CUSTOMER SERVICE ..... 1-833-592-9956  
..... [WWW.ANTHEM.COM](http://WWW.ANTHEM.COM)

ANTHEM DENTAL CUSTOMER SERVICE ..... 1-844-852-1553  
..... [WWW.ANTHEM.COM/MYDENTALVISION](http://WWW.ANTHEM.COM/MYDENTALVISION)

BENEFIT SOLUTIONS ..... 1-804-379-0909  
(FLEXIBLE SPENDING ACCOUNTS) ..... [WWW.YOURFLEX.COM](http://WWW.YOURFLEX.COM)

UNITED HEALTH CARE ENROLLMENT ..... 1-855-322-7498