



**2022 VIRGINIA CONFERENCE HEALTH PLAN  
MONTHLY CONTRIBUTIONS FOR RETIREES UNDER 65**

| Total<br>Years of<br>VAUMC<br>Service | Medical Plan Options |         |                 |         | Dental Plan Options |        |                 |        |
|---------------------------------------|----------------------|---------|-----------------|---------|---------------------|--------|-----------------|--------|
|                                       | PPO Core             |         | PPO Buy-Up      |         | Core                |        | Major           |        |
|                                       | Retiree<br>Only      | Family  | Retiree<br>Only | Family  | Retiree<br>Only     | Family | Retiree<br>Only | Family |
| 10-14                                 | \$655                | \$1,632 | \$759           | \$1,996 | \$31                | \$58   | \$60            | \$131  |
| 15-19                                 | \$579                | \$1,321 | \$709           | \$1,616 | \$31                | \$58   | \$60            | \$131  |
| 20-24                                 | \$443                | \$1,011 | \$542           | \$1,236 | \$31                | \$58   | \$60            | \$131  |
| 25-29                                 | \$307                | \$700   | \$375           | \$855   | \$31                | \$58   | \$60            | \$131  |
| 30+                                   | \$170                | \$389   | \$209           | \$476   | \$31                | \$58   | \$60            | \$131  |

| Vision Plan           |         |
|-----------------------|---------|
| Employee Only         | \$8.34  |
| Employee + Spouse     | \$15.05 |
| Employee + Child(ren) | \$15.05 |
| Family                | \$24.19 |